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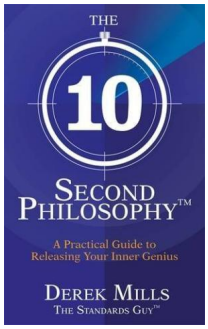

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, The 10-Second Philosophy: A Practical Guide to Releasing Your Inner Genius, Derek Mills, Everything was on a downward spiral in Derek Mills' life - his work, his physical and mental health, his relationships with family and friends. But it only took one insignificant question from an office security guard one night for Derek to stop, connect deep within himself and in the next 10 seconds begin to see a way...

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