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HERZ, SPORT UND GESUNDHEIT



Grin Verlag. Paperback. Condition: New. 56 pages. Dimensions: 8.lin. x 5.8in. x 0.3in. Studienarbeit aus dem Jahr 2007 im Fachbereich Sport - Sportmedizin, Therapie, Prvention, Ernährung, Note: 1, 0, Ernst-Moritz-Arndt-Universitt Greifswald, Veranstaltung: Sport and Gesundheit, 9 Quellen im Literaturverzeichnis, Sprache: Deutsch, Abstract: . . . Der finnische Kliniker Henschen beschrieb 1899 im Zuge einer sportmedizinischen Studie mit Skilanglaufers erstmals die physiologische Hypertrophie des Herzmuskels als heart of the athlete (Sportherz). Er konnte bei Athleten mit hohen Ausdauerbelastungen generell greere Herzen feststellen,...

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- Authored by Johannes Wiesner
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