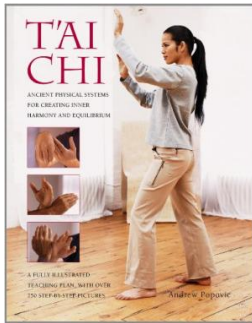


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## T'AI CHI: ANCIENT PHYSICAL SYSTEMS FOR CREATING INNER HARMONY AND EQUILIBRIUM



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