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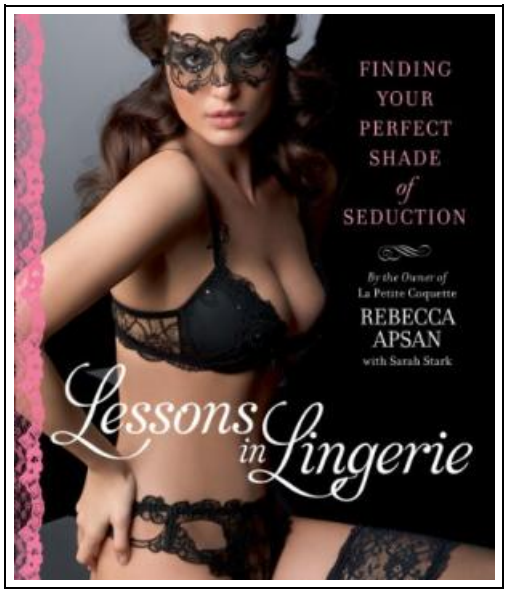

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Reviews

A really great publication with perfect and lucid explanations. Of course, it is play, continue to an amazing and interesting literature. I discovered this book from my i and dad suggested this publication to find out.

(Dr. Augustine Borer)

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Workman Publishing, United States, 2012. Paperback. Condition: New. Reprint. Language: English . Brand New Book. It s the essential guide to dressing to undress, from the basics of bras, panties, slips, and shapewear to the sexy extremes of corsets, sheer chemises, balconets, and bustiers--perfect for the tens of millions of fans of Fifty Shades of Grey who are now wondering what to wear. Written by lingerie expert Rebecca Apsan (the best bra-fitter in the country --New York magazine), Lessons in Lingerie covers it all: The revelation of a properly fitted bra. How to cultivate your inner coquette. How to look ten pounds thinner. What works under a clingy dress or a sheer white blouse. The basics of shopping, cleaning, organizing. And Ms. Apsan s manifesto for change: Stop wearing underwear!.

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