



## Plan 103f: Is Mental Health Really the Be All and End All of Our Dreams? or Are We Just Deluded?

By Jamie Kershaw

Chipmunkpublishing. Paperback. Condition: New. 286 pages. Dimensions: 7.9in. x 5.0in. x 0.8in. Description Set in a two year timeframe 2010-2012, aiming towards the London 2012 Olympic Games, seven principal characters in their twenties with very different interests and lifestyles come together, experiencing trials, tribulations, successes and failures, heartaches, romance, and learn to pull themselves together despite their discontent. Tim Richardson (21) is a triathlete hoping to compete and win a title at the London 2012 Olympic Games. Can he become Olympic champion He also excels at BMX biking and is coached by Ben Williams (29), an Ethics Professor with a PhD - based in Scarborough. Ben is the most mature of the seven characters. He becomes the owner of a cocker spaniel called Pp who is admired by Suzanna Jeffries (22). Suzanna is a marathon athlete and triathlete. These two start to see each other after a long and troublesome intervention by her brother Shane Jeffries (24) who is neurotically obsessed with his younger sister to the point of physicality against potential suitors. Shane is a 3rd degree taekwondo blackbelt coach, and marathon runner who participates in the London marathon. His other self holds an interest in Physics and secretly hankers...



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