



Lessons from My Heart (Paperback)

By Helen Funderburgh Kimble

Xulon Press, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The never-ending why why did my husband cheat on me? Why do I have cancer? Why is my mother dying? Helen Kimble will show you that some answers life gives are better than why, bigger than why and make why irrelevant. Lessons from My Heart is an autobiography that begins in the hours after the terrorist attacks in September 2001. As an airline attendant Kimble's life was changed when her flight was immediately grounded in Alabama; from then on she faced mountains of upheaval that at times felt insurmountable. How do we adjust to what we can't understand? Kimble shares the thoughts, emotions and lessons she learned navigating through waters she did not know. From divorce to a breast cancer diagnosis to struggling with depression, Kimble offers the most precious kind of hope: firsthand experience that things end well for those who choose to believe.



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