



Rules for Aging: A Wry and Witty Guide to Life (Paperback)

By Roger Rosenblatt

Mariner Books, United States, 2001. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Acclaimed and beloved prize-winning essayist Roger Rosenblatt has commented on most of the trends and events of our time. His columns in Time magazine and his commentaries on PBS's News Hour with Jim Lehrer have made him a household word and a trusted friend of millions. With a wry sense of humor and inimitable wit, Rosenblatt offers here guidelines for aging that are both easy to understand and, more importantly, easy to implement. More and more in the news today, we are hearing about phenomenal advances in the fight against aging. But what Rosenblatt suggests to combat age is far more valuable than any scientific breakthrough—he breaks down the hardest part of aging, the mental anguish of growing older with fifty-four gems of funny, brilliant, wise, indispensable advice. A book to savor, a book to keep, and a book for all ages. This little guide is intended for people who wish to age successfully, or at all. . . . One may think of this work as a how-to book, akin to many health guides published these days, whose purpose is to prolong our...



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Reviews

Complete guide! Its such a great study. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Dr. Hermann Marvin PhD**

A must buy book if you need to adding benefit. I have go through and that i am sure that i will gonna go through once more yet again down the road. I am just very happy to let you know that this is basically the best book i have got go through inside my own life and can be he very best book for at any time.

-- **Eldridge Reilly**