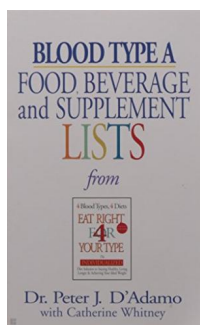


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BLOOD TYPE A: FOOD, BEVERAGE : FOOD, BEVERAGE AND SUPPLEMENT LIST



Penguin Putnam Inc, United States, 2002. Paperback. Book Condition: New. 173 x 109 mm. Language: English . Brand New Book. The Eat Right 4 (For) Your Type portable and personal blood type guide to staying healthy and achieving your ideal weight. Different blood types mean different body chemistry. If your blood type is A, enjoy your best health on a vegetarian diet. Carry this guide with you to the grocery store, restaurants, even on vacation to avoid putting on those extra...

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- Authored by Peter J et al D Adamo
- Released at 2002



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