



Truth Therapy (Paperback)

By Peter J Bellini

Wipf Stock Publishers, 2014. Paperback. Condition: New. Expanded. Language: English . Brand New Book ***** Print on Demand *****.Our world is inundated with war, poverty, disease, economic crises, terrorism, unemployment, fatherlessness, addictions, divorce, abortion, sex trafficking, racism, depression and anxiety, information and stimulation overload, and the list goes on and on. Where do people find relief? How do people find true peace and hope? Do they find it? Do they even find it in church, or do they endlessly and hopelessly search? Truth Therapy is a devotional strategy for spiritual formation and discipleship that employs scripture, basic Christian truths, the names of God, and faith affirmations blended with cognitive-behavioral theory. It is an intentional approach that tackles many of the maladies of our day that impede believers from growing and overcoming in Christ, such as stress, worry, fear, depression, and anxiety. The fundamental premises of Truth Therapy are that lies bind us, but the truth sets us free. The lies we believe are the primary weapons used to defeat us, while the truth we believe can be the key to setting us free. Truth Therapy provides a framework for identifying and evaluating the lies we believe and replacing those lies...



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This book can be worthy of a read, and much better than other. It usually fails to charge a lot of. I realized this publication from my dad and i encouraged this pdf to understand.

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