



## My Reason Me (Paperback)

By Alison T Smith

Just Alison Publishing, United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It s Not All About ME? - One Woman s Struggle With Brain Fog Wading Through Treacle Alison felt that her life was perfect. She had an amazing husband, had just stepped back from a stockbroking job in the City of London after 12 fulfilling but tiring years of commuting, and was extremely excited about her new role as a mother. Just 16 months later however, all her hopes and dreams came crashing down around her when she was widowed and later diagnosed with M.E. My Reason and ME is a book that chronicles Alison s journey to struggle with brain fog, wade through treacle to manage her symptoms, and seek a cure despite having been told that there was none by the medical profession. With a young son who needed her, Alison did not accept non-recovery as an option and the diagnosis opened a new chapter in her life; a time of struggle, discovery, perseverance and ultimate recovery. My Reason ME is a tale of individual pain, courage, determination, and the ability to adapt to change. It isn t only...



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