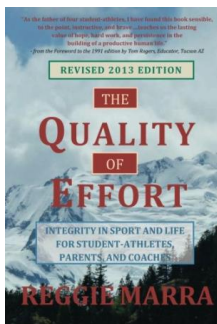


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THE QUALITY OF EFFORT: INTEGRITY IN SPORT AND LIFE FOR STUDENT-ATHLETES, PARENTS AND COACHES



From the Heart Press. Paperback. Book Condition: New. Paperback. 192 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. If you've been waiting for a book on youth, interscholastic and intercollegiate sport that honors and addresses the need for cooperation among student-athletes, parents and coaches, and that embraces physiology, philosophy, and ongoing development with a focus on what's best for the student-athlete, welcome home. The 2013 editions of *The Quality of Effort* and *The Quality of Effort Workbook* invite student-athletes, parents and coaches to...

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