



## Diary of a F.A.T. (Fed Up and Tired) Girl (Paperback)

By Tanisha Thomas

Permuted Press, United States, 2018. Paperback. Condition: New. Language: English . Brand New Book. From Tanisha Thomas, co-host of Crazy Talk and star of Bad Girls Club, a searingly honest, laugh-out-loud funny memoir of life, love, and rolling with the punches. Tanisha Thomas is best known as the hot-headed, larger-than-life diva from Oxygen's hit show Bad Girls Club. Confident, successful, and never afraid to speak her mind, Tanisha seems to have it all. But appearances can be deceiving. After years of battling the dreaded scale, seeking self-acceptance in the public eye, and struggling to find The One--or at least one who will pay for dinner--Tanisha is F.A.T.: fed up and tired. On the heels of a toxic breakup and the devastating passing of her father, she decides to throw out her vision of a picture perfect life and make peace with herself. Life might be sending her lemons, but Tanisha is determined to make lemonade . . . or find some chocolate. In this compelling and wildly entertaining memoir, Tanisha dishes on her journey from Brooklyn to Hollywood and her ongoing search for happiness and fulfillment. From the ups and downs of her reality TV career to her search...



### Reviews

*This publication might be well worth a read, and much better than other. It really is simplified but excitement inside the 50 % of the book. You will not feel monotony at whenever you want of the time (that's what catalogues are for concerning when you check with me).*

-- **Imogene Bergstrom**

*These kinds of ebook is almost everything and got me to seeking ahead of time plus more. It really is filled with wisdom and knowledge I discovered this book from my i and dad advised this publication to learn.*

-- **Sonny Bergstrom**