



## Math Me Embracing Success

By Wendy Hageman Smith

Platonic Realms. Paperback. Condition: New. 90 pages. Dimensions: 9.2in. x 7.5in. x 0.2in. This math study-guide for college-bound and freshman college students will ensure their success in their college math classes; by helping them understand which courses will be most valuable to them, by explaining the roots of math anxiety and showing how to conquer it, and by providing the very best studying tools and habits to make sure they are able to meet their goals in every class they take. Important topics include: The role and importance of mathematics in many kinds of careers, and how it can help young adults reach their professional and financial goals. Coping with Math Anxiety; understanding its causes, confronting myths about math, and keeping feelings of anxiety and frustration at bay. The best study techniques, including tips for lecture-taking, homework, story problems, and doing well on exams. An outline of the typical course offerings in college math, how they fit into a student's academic major and support his or her career goals, and an outline of the math minor and major. This is the essential guide to winning at college math: it includes activities suitable for self-study, for use with a tutor, and for...



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