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Createspace Independent Publishing Platform, 2013. Paperback. Condition: New. Language: Arabic . Brand New Book ***** Print on Demand *****. Self-Inquiry - Dawn of the Witness and the End of Suffering provides practical methods for making use of abiding inner silence (the Witness) cultivated in Deep Meditation, resulting in increased inner stability and happiness amidst the ups and downs of life. The practice of Self-Inquiry also aids us in realizing the ultimate truth of existence - the Oneness that we are...

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- Authored by Yogani
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