



## Living with Type 2 Diabetes

By Gloria Loring, Dr. Timothy Gray

Dark Horse Comics, U.S. Paperback. Book Condition: new. BRAND NEW, Living with Type 2 Diabetes, Gloria Loring, Dr. Timothy Gray, With dietary and lifestyle choices fueling a rise in type 2 diabetes, coping with this treatable disease has become a priority for millions. Unfortunately, although type 2 diabetes can be treated, the specifics of how to effectively combine insulin, diet and exercise are often difficult to master. Gloria Loring - a regular contributor to the "Diabetes Wellness Letter" as well as a famous singer, songwriter and star of the TV drama "Days of Our Lives", and mother of a diabetic child - co-authors with Dr. Timothy Gray to clearly explain how to identify and live with type 2 diabetes. The authors draw on up-to-date research and first-hand experiences to create a book that is both easy to follow and empathetic toward those with the disease and their loved ones. Included are self-assessment tools, useful to the estimated 5.2 million Americans who are unaware they have the disease, as well as step-by-step instructions on managing diabetes.

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*This pdf is indeed gripping and exciting. it was writtern quite completely and valuable. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

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*Very helpful to any or all category of folks. It is writter in simple phrases rather than difficult to understand. Its been developed in an exceptionally simple way and is particularly just after i finished reading this pdf in which basically transformed me, modify the way in my opinion.*

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