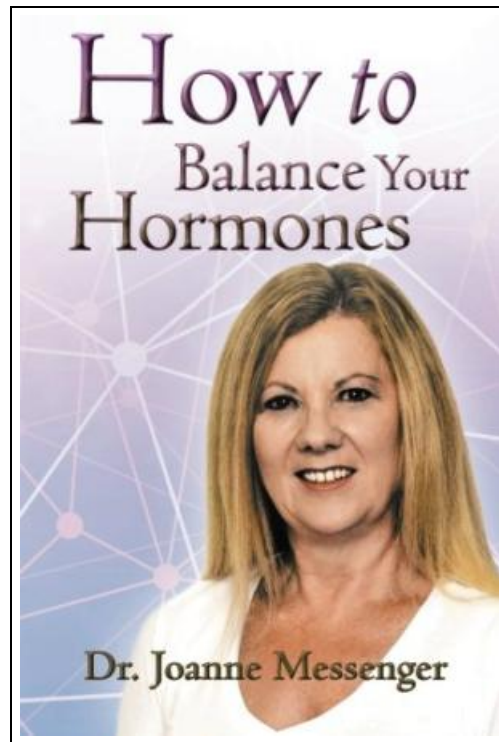


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HOW TO BALANCE YOUR HORMONES (PAPERBACK)



Balboa Press, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ***** Are you a danger to yourself? Do your moods and weight fluctuate? Are you eating your life savings in chocolate and carbs? Have you lost your focus? Are you unsure how you re going to feel when you wake up in the morning? If you don t sort this out right now, imagine what your life will be like in ten years. You can t get healthy by fighting disease. It has never worked and never will. When Joanne Messenger was twelve, she fractured her pelvis. The experience inspired in the young woman a desire to learn everything she could about healing, balance, and energy. Now a health care professional, she shares her lifelong quest for healing in How to Balance Your Hormones. She knows what it s like to want to feel better, and how frustrating that dream can be to attain. The good news is she s gathered all the best tools and techniques that are essential to get you back on track. Using her techniques, you can live the life of your dreams, free from delinquent hormones, mood swings, and aberrant energy levels. Dr. Messenger s qualifications include a bachelor s degree in applied science (chiropractic), diplomas from the National Board of Chiropractic Examiners (USA) and Sacro-Occipital Technique, and an excellence award in radiology. She is also a certified yoga teacher, NLP practitioner, teacher and past principle of Chiron Healing. She is the founder and teacher of Blueprint Healing and is skilled in using aromatherapy, flower essences, and Pranic healing techniques.



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