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## Can I Just Hide in Bed Til Jesus Comes Back?: Facing Life with Courage, Not Comforters (Paperback)

By Martha Bolton

Focus on the Family Publishing, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. Depression, fear, a sense of unworthiness, and unfulfilled dreams can make women retreat to their beds--figuratively and literally--and refuse to face life. Yet most of the time, hiding in bed makes matters worse. Who needs emotional bedsores? Authors Martha Bolton and Christin Ditchfield gently show women how to climb out from under their emotional bedcovers, face their fears and doubts, and step into the lives God has planned for them. Can I Just Hide in Bed til Jesus Comes Back? faces down the fear, depression, and unfulfilled dreams that cripple many women to the point of wanting to crawl in bed--for the rest of their lives. Compiled as a collection of short, mostly humorous and warmhearted stories, it offers readers practical, concrete steps to help them move forward when they are ready. Essays are interspersed with special humor features such as Top Ten lists, while Whenever You re Ready sections offer Scriptures, journaling questions, and practical suggestions for putting your feet on the floor and taking a few steps forward. The book addresses four themes: Facing feelings of fear, anxiety, discouragement, and depression Facing people...



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