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Dream Dictionary: An A to Z Guide to Understanding Your Unconscious Mind

By Tony Crisp

Bantam Doubleday Dell Publishing Group Inc, United States, 2002. Paperback. Book Condition: New. 10th edition. 173 x 107 mm. Language: English . Brand New Book. THE NOW-CLASSIC DREAM REFERENCE NEWLY REVISED AND UPDATED FOR THE NEW MILLENNIUM! Jam-packed with all-new material, including astonishing new scientific discoveries, Internet dreamsites, new categories, and new links, the bestselling Dream Dictionary is bigger and better than ever before. Let dream therapist Tony Crisp be your guide on one of the most enlightening journeys you will ever take: into the world of your unconscious mind. From Abandoned to Zoo, based on material from thousands of dreams gathered during three decades of research, this essential reference is alphabetically organized, providing instant access to a wealth of fascinating information about: RECURRING DREAMS and their significance NIGHTMARES what they reveal and how to banish them RELATIONSHIPS what your dreams are telling you WORK are you following the right career path? Your dreams will tell. FAMILY how to resolve old hurts and gain new perspectives PROBLEM SOLVING in your dreams how to carry the solutions into real life GAINING INSIGHT into your own behavior and that of others MAXIMIZING HEALTH recognize healing foods, danger signs, and more See what...



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