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I. L. Y. I Love You One Teen Girls Guide to a Bully-Proof Adolescence

By Julia Weber

Balboa PressAU. Paperback. Condition: New. 136 pages. Dimensions: 8.3in. x 5.4in. x 0.9in.OK - so picture this. You're at home in front of the mirror. Telling yourself exactly what you think of yourself. Too fat. Too pasty. Too little. And that's just your little finger you're looking at. You don't even think of paying yourself one single compliment. Are you your own worst enemy? Enter the bully - she can pick you in a moment. She knows she can take a shot at you and you'll fall down in a heap, and you know why? Because she's actually on your side, she's picking you to pieces in the same way that you treat yourself. There's really only one lasting solution to the bullying nightmare. You've gotta learn to ILY yourself and understand that it's not your problem. ILY is short for I LOVE YOU, and this self-help book for teen girls teaches the importance of loving yourself and others so you can be happy in the teenage years. 14-year-old Australian teenager Julia Weber knows only too well what it's like to be bullied, both in person and via cyberspace. She has become an anti-bullying campaigner and now fills the...

Reviews

This ebook is very gripping and intriguing. I have got read through and I also am confident that I will gonna read through yet again again down the road. Its been written in an extremely straightforward way and it is merely right after I finished reading this book through which actually altered me, alter the way I really believe.

-- **Noble Hagenes**

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