



Poor and Pregnant in New Delhi, India (Paperback)

By Helen Vallianatos

Left Coast Press Inc, United States, 2006. Paperback. Condition: New. New. Language: English . Brand New Book ***** Print on Demand *****. In this innovative contribution to the study of food, gender, and power, Helen Vallianatos meticulously documents cultural values and beliefs, dietary practices, and the nutritional and health status of mothers in Indian squatter settlements. She explores both large-scale forces-incorporating critical medical anthropology and feminist theory into a biocultural paradigm-and the local and individual choices New Delhi women make in interpreting cultural dietary norms based on their reproductive histories, socioeconomic status, family structure, and other specific conditions. Her findings have significant implications for nutritional and medical anthropology and development studies, and her innovative research design serves as a model for multi-method studies that use participatory research principles, combine quantitative and qualitative investigations, and interpret diverse types of data.

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