



Star Dust (Paperback)

By Martin Humphreys

Lulu.com, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book is about spiritual awakening in the 21st century to the unvarnished truth. It sweeps aside the dogmatic view that has been held for so long. The book is about me finding my sense of spirituality, which is not any kind of mainstream religion. The book starts off by me breaking free from my conditioning, which starts at the early age of 12. I explain what this means both globally and on a personal level. I then go on to explain about Altered States of Consciousness and what this means spiritually. Then I move on to discuss my experiences in the Amazon jungle with Shaman, and how this massive breakthrough discovery in my early 20 s shaped the very core and foundation of what I know today. This book takes you on an exciting journey of discovery deep into the spiritual recesses of the mind. The book is very deep, emotional and compelling. I then discuss the way that this world holds us down spiritually, and what I feel is in store for humanity and us as individuals.

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