



Picking Up the Pieces: Life After Cancer (Paperback)

By Claire Brissette-Lamoureux Ph D

Balboa Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.One s journey through cancer does not end with the last treatment. Cancer affects patients and survivors not only physically, but emotionally and spiritually as well. Living through cancer impacts one s sense of self, one s energy level, and one s ability to move on. The cancer experience calls into question the meaning and purpose of life. It affects one s relationship with self, others, and God. Moving forward from the shock and trauma of cancer requires that survivors take time to address these inner dimensions of their cancer experience. This book does just that. It is a compelling personal journey through the many challenges faced by survivors as they attempt to reclaim their life after cancer. The author, a ten year cancer survivor, believes that facing and walking through the emotional and spiritual upheaval of the cancer experience can have a transforming effect on one s life. She describes her own process, focusing on the first two years after diagnosis---a time of intense fear, anxiety, uncertainty, and turmoil. Acknowledging, facing, and walking through this pain brought her to a place..



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