



## Sigmund Freud: Pocket Giants

By Alastair Ross

The History Press Ltd, United Kingdom, 2016. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book. This is a very, very smart book. It makes Freud accessible, interesting and relevant. - Ruby Wax Sigmund Freud is rightly called the godfather of psychoanalysis. He forever changed the way we view ourselves and developed our understanding of human nature. His concepts have become part of our psychological vocabulary: unconscious thoughts and feelings, conflict, the meaning of dreams, the sensuality of childhood. He dared to try new methods and treatments. Everyone knows the term Freudian slip and has a basic understanding of his theories, however, Freud gave us a great deal more. From education to critical theory he changed the way we think. His ideas and clinical practices offer psychological insights that bring help and healing. Freud s work has suffused contemporary Western thought and popular culture. He is the epitome of a pocket GIANT.

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