



Wild Heart Dancing

By Elliot Sobel

Scribner. Paperback. Condition: New. 176 pages. Dimensions: 8.1in. x 5.1in. x 0.5in. There is creative genius inside of you just waiting to get out. Wild Heart Dancing shows you how to free that innovative spirit by spending a day playing with words, music, songs, dance, and paints. You don't need to be artistic to benefit from the teachings of Elliot Sobel, you just need to open up and take the time to try your hand at new ways of expressing yourself. Elliot Sobel's step-by-step program will help you to explore all aspects of the creative process and discover abilities you may not know you have. A fun and refreshing break from your usual routine, a day with Wild Heart Dancing will help you to rediscover your passion for living and tap into your own artistic powers. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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