



## 77 Tips for a Grown-Up Man (Paperback)

By Kurt Starnes

Createspace, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Inspired by his daughter, Ellison, 77 Tips For A Grown-Up Man is Kurt Starnes first published literary effort. Realizing that Ellison was becoming more aware of his behavior as she grew up, Kurt was compelled to make an earnest effort to grow up himself and teach by example. While the growing up process continues, this book represents some areas in which he believes he s made the most progress. Kurt thinks there is still much more room for improvement and hopefully more tips for Volumes 2, 3 and beyond. Touching on health, fitness, addiction, appearance, education, thought, parenting, manners, memories and the future, this book holds half a lifetime s worth of knowledge reduced to 77 concise tips from this Grown-Up Man in progress.



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### Reviews

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