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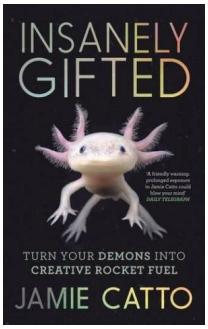
INSANELY GIFTED: TURN YOUR DEMONS INTO CREATIVE ROCKET FUEL (PAPERBACK)



Canongate Books Ltd, United Kingdom, 2016. Paperback. Condition: New. Main. Language: English . Brand New Book. From infancy we are taught to edit ourselves, trimming out the darker, weirder, less acceptable parts in order to please others. But this addiction to approval is holding us back. What if we begin to be ourselves, honestly and fully? Insanely Gifted shows how to transform our thinking and turn our inner demons into allies. How to reframe disappointment (because not getting what we...

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- Authored by Jamie Catto
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