



The Unofficial Guide to Having a Baby

By Douglas, Ann; Sussman, John R.

Wiley, 2004. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: About the Authors.Introduction.I. The Truth About Getting Pregnant.1. Is This the Right Time to Have a Baby?A question of timing.The career costs of having a baby.Dollars and sense.The age issue.Just the facts.2. Conception Countdown: Planning for a Healthy Pregnancy.Getting ready to get pregnant.Just the facts.3. The Overachiever's Guide to Getting Pregnant Fast.The biggest misconceptions about fertility and infertility.Fertility awareness and other methods of increasing your chances of conceiving.Bedroom gymnastics: Positioning 101."Trying" versus letting nature take its course.Just the facts.4. When Plan A Fails.Do you have a fertility problem?Choosing a fertility specialist.The infertility workup.The causes of infertility.Fertility treatments.The facts about assisted reproductive technologies.The stress of infertility.The facts about surrogacy and adoption.Just the facts.II. Your First Trimester Week-by-Week.5. The First Month: Great Expectations.Week 1.Week 2.Week 3.Week 4.Just the facts.6. The Second Month: Newly Pregnant.Week 5.Week 6.Week 7.Week 8.Just the facts.7. The Third Month: Anxiety Alley.Week 9.Week 10.Week 11.Week 12.Week 13.Just the facts.III. Your Second Trimester Week-by-Week.8. The Fourth Month: Settling In.Week 14.Week 15.Week 16.Week 17.Just the facts.9. The Fifth Month: The Halfway Mark.Week 18.Week 19.Week 20.Week 21.Week 22.Just the facts.10. The Sixth Month: The Waiting Game.Week...



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